British Gymnastics

Acrobatic Gymnastics NDP, Youth & IDP Finals & Disability Acro Finals 2022

Saturday 14th May

08:00	Spectator doors open
08:00	Warm Up opens
09:00	March On
09:10	Competition - Session 1:
	IDP1 Women's Pair, Mixed Pair, Men's Pair & IDP 2 Mixed Pair– Balance
	IDP 1 Women's Group & IDP 2 Women's Group, Women's Pair- Dynamic
11:08	Break
11:22	Competition- Session 2:
	Youth Women's Pair, Mixed Pair, Women's Group, Men's Pair-Combined
12:30	Competition- Session 3:
	Grade 5 Men's Pair, Women's Pair- Balance
	Grade 5 Mixed Pair, Women's Group- Dynamic
13:45	Presentations- Youth Womens Pair, Mens Pair, Mixed Pair & Womens Grou
	Lunch
14:23	Competition- Session 4:
	IDP 1 Women's Pair, Mixed Pair, Men's Pair & IDP 2 Mixed Pair- Dynamic
	IDP 1 Women's Group & IDP 2 Women's Group, Women's Pair-Balance
16:31	Competition - Session 5:
	Grade 5 Men's Pair, Women's Pair- Dynamic
	Grade 5 Mixed Pair, Women's Group-Balance
17:45	Presentations-IDP 1 & 2, Grade 5

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Sunday 15th May

08:00	Spectator doors open
08:00	Warm Up opens
09:00	March On
09:10	Competition - Session 6:
	Grade 1 Women's Pair, Mixed Pair- Combined
	Grade 4 Women's Pair, Men's Pair- Combined
	Disability Grade 3 Women's Group- Combined
10:40	Break
10:55	Competition - Session 7:
	Grade 1 Men's Pair- Combined
	Grade 4 Mixed Pair, Women's Group- Combined
12:03	Competition - Session 8:
	Disability Grade 1,2,3 & 4 Women's Pair- Combined
12:30	Presentations- Grade 1 & 4 & All Disability Grades
	Lunch
13:10	Competition Session 9:
	Grade 3 Men's Pair, Women's Pair, Men's Group, Mixed Pair & Women's Group-
	Combined
15:07	Break
15:23	Competition - Session 10:
	Grade 2 Men's Pair, Women's Pair, Men's Group, Mixed Pair, Women's Group- Combined
17:05	Presentations- Grade 2 & 3 Men's Pair, Women's Pair, Mixed Pair, Women's Group &
	Men's Group